

**Choose a Response: (A or B)** \_\_\_\_\_

A. To you, O Lord, I lift my soul.

**Or:**

B. No one who waits for you, O Lord, will ever be put to shame.

Remember that your compassion, O Lord,  
and your kindness are from of old.  
In your kindness remember me,  
because of your goodness, O Lord.

**Response:**

Relieve the troubles of my heart;  
and bring me out of my distress.  
Put an end to my affliction and my suffering;  
and take away my sins.

**Response:**

Preserve my life and rescue me;  
let me not be put to shame, for I take refuge in you.  
Let integrity and uprightness preserve me,  
because I wait for you, O Lord.

**Response:**